

Internal Rules for UL Sports Activities

Issued in accordance with Section 54, Paragraph 2 of the Education Law,
Cabinet of Ministers Regulations No. 1338 of 21.11.2009,
Cabinet of Ministers Regulations No. 89 of 01.02.2011

1. General Provisions

The internal rules of the University of Latvia (UL) sports activities are issued in accordance with Section 54, Paragraph 2 and Section 55, Paragraph 3 of the Education Law, Section 10, Paragraph 2 of the General Education Law, and other normative acts of the Cabinet of Ministers.

The internal rules establish procedures that ensure the proper conduct of classes/training sessions, promote quality execution and discipline, efficient use of time, interpersonal communication, rights and responsibilities of participants, and compliance with societal norms. Students who purchase an UL sports activities subscription must familiarize themselves with these internal rules. Compliance with the internal rules is mandatory for all participants of UL sports activities.

The Sports Center Director is responsible for the safety and organization of UL sports activities.

2. Duties and Rights of Participants

2.1. Duties

- 2.1.1. Comply with the Internal Rules of UL sports activities.
- 2.1.2. Treat the Republic of Latvia, its state symbols, the Latvian language, history, and society with respect.
- 2.1.3. Attend sports activities in appropriate sportswear and footwear (or barefoot, if required by the activity).
- 2.1.4. Maintain personal hygiene.
- 2.1.5. Respect the rights of coaches and fellow participants.
- 2.1.6. Avoid endangering the health, safety, and life of oneself or others.
- 2.1.7. Refrain from emotional and physical violence.
- 2.1.8. Behave politely.
- 2.1.9. Take care of UL equipment and facilities. Material damages caused by a participant's fault must be

reimbursed at the original value.

2.1.10. Take care of the safety of personal belongings.

2.2. Rights

2.2.1. Acquire skills and abilities in the chosen sport under the guidance of an UL coach.

2.2.2. Represent UL in competitions, olympiads, and events of various levels.

2.2.3. Expect protection of personal belongings.

3. Organization of Sports Activities

3.1. Sports activities are conducted according to a schedule.

3.2. The sports process is managed by the sports specialist.

3.3. Changes to sports activities can occur only with written or verbal approval from the sports specialist.

3.4. The sports specialist is responsible for order during the activities.

3.5. UL sports activities are to be held in pre-approved, competition-ready locations that meet the requirements set in regulatory acts.

3.6. Responsible persons are accountable for the safety and health of participants. Accidents must be reported immediately to the UL Vice-Rector for Student and Social Affairs.

3.7. Only individuals whose health condition permits participation may take part in UL sports activities, and this must be confirmed by registration with the coach and signing the safety rules.

3.8. Medical personnel are on duty at UL sports activity locations, and emergency medical assistance is provided if necessary.

4. Actions in Case of Non-Compliance with UL Sports Internal Rules

4.1. Coach refusal to conduct training for a specific person.

4.2. Discussion with the UL Sports Centre Director.

4.3. Expulsion from sports activities.

5. Grounds for Expulsion from UL Sports Activities and Cancellation of Subscription

5.1. Attending activities under the influence of narcotics or alcohol.

5.2. Repeated violations of internal rules.

5.3. Theft.

5.4. Moral or physical violence.

6. The Coach May Refuse to Conduct Training for a Specific Person Due to:

6.1. Failure to fulfill the duties listed in Article 2 of the internal rules.