



RĪGAS STRADIŅA
UNIVERSITĀTE

EDUCATION PROGRAMMES IN MEDICAL REHABILITATION IN LATVIA

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INNOVASPA VIRTUAL STUDY VISIT TO LATVIA
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Rehabilitation

A set of measures integrated in dynamic process with aim to the person with an existing or potential disability to achieve and maintain optimal functioning in interaction with the environment.



Rehabilitation in Latvia

Medical rehabilitation - a branch of health care that deals with the development or recovery of a person's physical, psychological, social, occupational and educational potential according to his physiological or anatomical limitations, or in case of stable health disorders with adaptation of the patient's life to the environment and society.

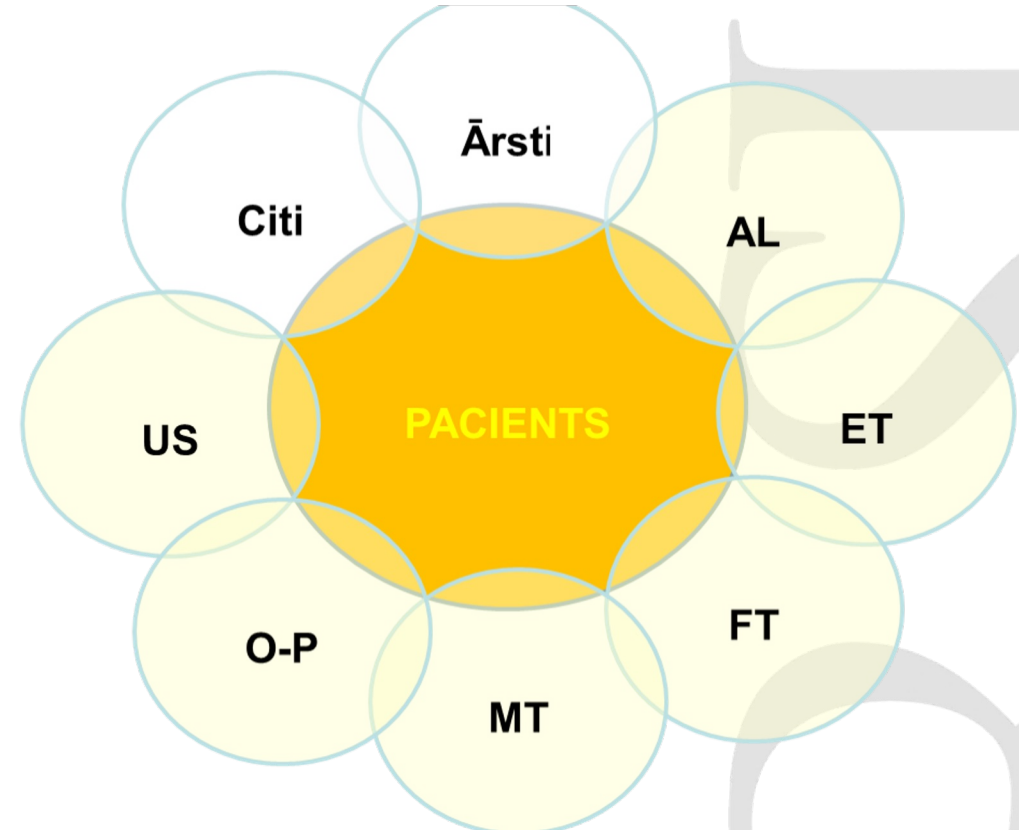
Social rehabilitation - restoring or improvement of a person's social abilities in order to return a person to public and working life.



Multiprofessional rehabilitation team

Medical practitioners:

- Physicians (also PRM physicians);
- Nurses;
- Medical assistants;
- Functional specialists- medical practitioners who have acquired the second level professional higher medical education and operates in accordance with his or her competence in medical treatment.



Mission of the Faculty of Rehabilitation at RSU

To prepare highly qualified professionals in medical rehabilitation, whose knowledge, skills and competencies would help persons with health disorders to achieve an optimal quality of life;

To serve as a research and clinical partnership center in the rehabilitation sector in Latvia in order to promote continuous improvement of the quality of education and harmonize the development of the sector as a whole.



Faculty of Rehabilitation at RSU (since 1994)

> 700 students

- 5 professional bachelor programmes
- 1 professional master programme
- 2 academic master programmes

> 50 academic staff

- Department of Rehabilitation
- Rehabilitation Research Laboratory

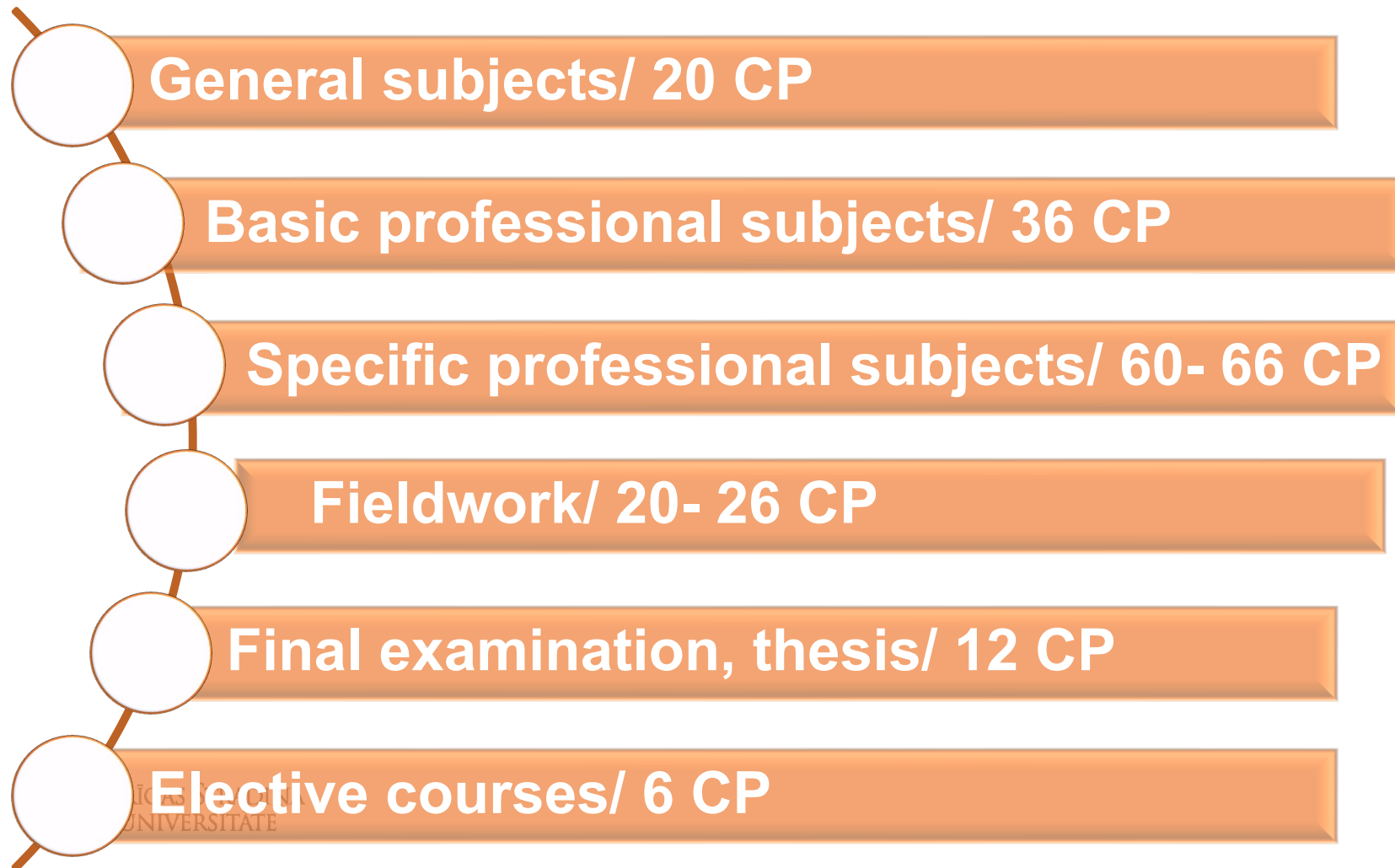
- Physiotherapy
- Occupational Therapy
- Speech and Language pathology
- Prosthetics- orthotics
- Nutrition

- Art Therapy

- Physiotherapy
- Rehabilitation



Structure of bachelor study programmes 160 CP/ 240 ECTS



BRUNNEN

Speech and language pathologist

Assesses communication skills, speech / language, phonation and swallowing functions, promotes their correction and rehabilitation for persons of any age with speech, language, voice and swallowing disorders of various origins.



Occupational therapist

Enables to maximize use of an individual's abilities to increase, maintain or develop the level of independence in daily life. Competence includes the creation of an optimally favorable environment, which includes both the adaptation of the environment to the needs of the individual and its reintegration into the family and society.



Physiotherapist



Examines and evaluates the patient's functional condition, helps the patient to regain lost function or reduce its limitations by applying therapeutic exercises, physical therapy methods (electro-procedures, thermal procedures, water procedures), manual therapy methods, massage, etc.



Prosthetics- orthotics

Assesses the need for a technical aid for people with functional limitations and manufactures medically technical structures, such as artificial limbs, prostheses, aids for limbs and the body - orthoses, bandages, etc. individual rehabilitation aids.



Nutritionist

Participates in the process of health promotion, education, treatment and rehabilitation of patients in private practices, hospitals, general primary education, general secondary education and vocational education institutions, health centers, food production and catering companies, etc.



Art therapist

Works in the field of health, social care or education, with clients or patients with somatic, mental disorders or psychological difficulties. An art therapist can be directly involved in the treatment process, as well as work with people who want to creatively promote their personal growth, promote group cohesion in organizations, etc ..



Cooperation with the health care institutions in Latvia





*Protezēšanas, ortozēšanas un
tehniskās ortopēdijas asociācija*

Cooperation with international partners



Thank you for attention!

More information about Faculty of Rehabilitation at RSU:

<https://www.rsu.lv/en/faculty-rehabilitation>

<https://www.rsu.lv/en/departement-rehabilitation>

<https://www.rsu.lv/en/en/rehabilitation-lab>