

Explore a FORTHem University with an Individual Short-Term Mobility!

Would you like to visit another FORTHem university to pursue your individual study project? This programme gives you the opportunity to spend **five days at a partner university**, working with an academic **mentor (supervisor)** from the host institution.

📅 A new call for applications is opened till 24th of November, 2025. These mobilities can take place from March 2026 to August 2026.

What Can You Do During Your Mobility

This programme supports a variety of academic and extracurricular projects, such as:

- ✓ **Fieldwork**
- ✓ **Experimentation**
- ✓ **Research for a thesis** (Bachelor, Master, or PhD)
- ✓ **Collaboration with a student association** at a FORTHem university
- ✓ **Working with a group of students** on a current or future project

How to Apply?

Step 1: Develop your idea and do your background research

- What would you like to do and how can a mentor support you in it?
- Familiarize yourself with the FORTHem universities and check which would be a good match for your project: If your project idea is academic in nature, check which FORTHem universities have matching academic fields and see if you find any projects that are on the topic of your interest

Step 2: Find a Mentor

- If you need help finding an academic who works on the topic of interest, reach out to the **host FORTHem Office (link with the list of emails)**, which can assist you in identifying a suitable academic supervisor.
- If you already had contacts with an academic at the host university before, you may contact them directly.
- The process of finding an academic at the host university, who is an expert on the topic of your choice, may take up to 4 weeks. Please, contact the mentor or the FORTHem office well in advance of the deadline: For example, you may contact the host FORTHem office (link) during the first week after the opening of a call or even before the next call is open to ensure your best chances of finding a supervisor.

Step 3: Prepare Your Request

When contacting an academic or FORTHM office at the host university, include the following details in your email:

- ✓ Your study programme and level (Bachelor/Master/PhD)
- ✓ Title of your project
- ✓ A brief summary of your project (at least half a page)
- ✓ The help you seek from the mentor
- ✓ Your project's timeline
- ✓ The planned duration of your stay (up to 5 days)

Also, ensure that:

- ✓ Local FORTHM office in copy (cc)
- ✓ Host FORTHM office either as the main recipient (if you email them directly) or in copy (cc), if you are emailing an academic at their university.

Please, be polite and professional in your message!

Once you found an academic mentor, ask them to provide you with a letter of invitation

Step 4: Send your application

- Fill in the application form (link) with all the required information and documents (including the invitation letter!) before the deadline indicated in the call.
- **Incomplete or late applications will be automatically rejected.**
- **All documents (CV, motivation letter, project description, invitation letter) must be in English.**

Financial Support

 Selected students will receive a grant (link) to help cover a substantial part of their travel, accommodation, and living expenses while abroad.

 **For any further questions, feel free to contact your local FORTHM Office!**