



UNIVERSITY
OF LATVIA

1st International Blended Staff Training Week 2021 “Boost Up Your Competences+”

University of Latvia (UL)



Online webinar: beginning of August, 2021

On-site meeting: **August 16–20**, 2021

Preliminary Agenda

MONDAY 16.08.2021

Address: Raina Blvd. 19

10:00-10:30	Registration at the lobby of the main building of the UL
10:30-11:00	Welcome Speech and Opening of the UL Staff Training Week
11:00-13:00	Warm-up workshop: Best practices
13:00-14:00	Free time for lunch
14:00-15:30	Lecture: Intercultural competences
15:30-16:30	Tour of the main building of the UL
17:00	Welcome Party

TUESDAY 17.08.2021

Address: Jelgava Str. 1 (House of Nature)

8:50	Gathering in the lobby of the new campus of the UL (House of Nature)
09:00-10:30	Workshop: Time Management Part I
10:30-10:50	Coffee break
10:50-12:20	Workshop: Time management Part II
12:20 -13:30	Free time for lunch
13:30-15:00	New Campus Tour
16:00-17:00	Old City Tour

WEDNESDAY 18.08.2021

Address: Jelgava Str. 1 (House of Nature)

09:00-10:30	Workshop: Stress Management Part I
10:30-10:50	Coffee break

10:50-12:20	Workshop: Stress Management Part II
12:20 -13:30	Free time for lunch
13:30	Individual appointments with faculties
18:00	Social event (to be updated)

THURSDAY 19.08.2021

Address: Jelgava Str. 1 (House of Nature)

09:00-10:30	Workshop: Conflict Management Part I
10:30-10:50	Coffee break
10:50-12:20	Workshop: Conflict Management Part II
12:20 -13:30	Free time for lunch
14:00	Trip to Jūrmala or Latvian National Museum of Art
19:00	Social event (to be updated)

FRIDAY 20.08.2021

Address: Raina Blvd. 19

10:00-12:00	Feedback & Farewell Goodbye cake
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Kindly note, the programme is subject to change.

Mobility Division, University of Latvia
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