

INVITATION TO THE FOSTREN RIGA MEETING

The University of Latvia, Faculty of Medicine cordially invites you to participate in a **FOSTREN meeting in Riga** on **15 May 2024** and to share your expertise on reducing coercion in psychiatry.

Identifying and Reducing Coercion Through a Human Rights-Based Approach in Psychiatry

The meeting aims to present and discuss how coercion in psychiatry can be reduced by implementing and applying a human rights-based approach (HRBA). What does an HRBA look like, and, crucially, how can we overcome barriers to getting it into everyday practice?

The meeting will use this discussion to start preparing a draft of the **FOSTREN Consensus statement** that presents recommendations for reducing coercion based on knowledge gathered by FOSTREN.

The meeting will focus on

- ▶ Opportunities and drawbacks in reducing coercion by using legal and ethical instruments nationally and internationally (role of patient's rights and mental health legislation, role of national and international courts and other rights-stating bodies).
- ▶ Current knowledge on the HRBA as a method/tool for implementation/transformation of health services as it relates to the specific issue of reducing coercion in mental health services.
- ▶ Best practices for building the expertise of mental health stakeholders (patients, health and social care professionals and organisers) to communicate and implement a HRBA as a standard.

FOSTREN members attending the meeting are kindly invited to suggest a **presentation** (20' + 10' Q&A) or **short intervention** (10'+5') on one of the topics of the meeting (see above).

Please send the title of your presentation or intervention to the organisers **by 2 April 2024** at the latest to solvita.olsena@lu.lv. If more presentations are submitted than can be accommodated within the limited time of the workshop, the organizers will allocate some presentations to the option of a poster format.

Registration

You are cordially invited to register to attend the FOSTREN meeting by sending an e-mail to solvita.olsena@lu.lv no later than **April 29, 2024**. Please inform us about:

- Your dietary choices for coffee breaks and lunch
- Your participation in the informal dinner on the 14th of May at 19:00
- Your participation in the informal dinner on the 15th of May at 19:00

Please be informed that the COST Action can fund the participation of a limited number of FOSTREN participants. Only participants who have received the e-COST invitation and have registered their participation via the e-COST portal will be eligible for funding.

Venue

House of Sciences, University of Latvia, Jelgavas iela 3, Rīga, LV 1004: Room 301 and online.

Accommodation

We suggest staying at the Primo Hotel*** (45€ for a SGL room or 52€ for DBL incl. breakfast if you book until 7 April by sending a reservation request to info@primohotel.lv using the promotion code "PH maijs") or at any other hotel in the centre of Riga.

